

# Milled Soap Instructions

1. Once your bars of basic soap (86% Olive Oil and 14% Shay Butter) have dried sufficiently (about 3 weeks), use your kitchen grater to grate the soap into shavings. Place in a container large enough to catch all of the shavings. The container I use is an old porcelain salad bowl. It holds about 70 ounces of grated soap.
2. Place 30 ounces of grated soap in a glass Pyrex bowl. Prepare to add 15 ounces of goat's milk to the soap.
3. Pour half of the goats milk over the soap shavings and place in a microwave oven set to high, for one minute. (1)
4. Pour the second half of the goats milk over the soap shavings and place back in the microwave without stirring. Cook it for another minute. (2)
5. Fold, don't stir, the soap. Place back in the microwave for another minute. (3)
6. Once again, fold, don't stir, the soap. Place back in the microwave for another minute. (4)
7. Mix in any fragrance now. Stir the soap and place in the microwave for another minute. (5) Be sure to watch that the soap doesn't boil over the pot edges. If it gets close, simply open the microwave door and stir the soap again.
8. Stir the soap and place back in the microwave for another minute, if you can. (6) Be careful not to let the soap boil over, as it makes an awful mess.
9. Pour or ladle into molds, immediately. Tap molds on the counter top to remove any air pockets.
10. Wait ten minutes and put the molds in the freezer. You don't have to freeze them, but they come out of the molds much easier that way.
11. After one hour in the freezer, remove the soap from the molds and cut into final bars.
12. Your soaps must now dry for the final step. This curing step should last three weeks.

You now have made a batch of Hand-milled Soap!

Total cook time = 6 minutes

Final batch size is 33 ounces. Don't ask me how you change 30 ounces of shavings and 15 ounces of goats milk, into 33 ounces of soap.